

Positive Leader

Getting Smarter Faster | READING LIST

EVIDENCE-BASED APPROACHES TO LEVERAGING STRENGTHS & POSITIVITY

Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead,
by Brene Brown

The Sweet Spot: How to Find Your Groove at Home and at Work, by Christine Carter, Ph.D.

Hardwiring Happiness, by Rick Hanson

Essentialism: The Disciplined Pursuit of Less, by Greg McKeow

Give and Take: A Revolutionary Approach to Success, Adam Grant, Ph.D.

Flourish: A Visionary New Understanding of Happiness and Well-being, Martin Seligman

Happiness: Unlocking the Mysteries of Psychological Wealth, Ed Deiner

Positivity: Groundbreaking Research..., Barbara Frederickson, Ph.D.

The Happiness Hypothesis: Finding Modern Truth in Ancient Wisdom, Jonathon Haidt

The Resilience Factor: 7 Essential Skills for Overcoming Life's Inevitable Obstacles, Andrew Shatte & Karen Reivich

The Happiness Trap: How to Stop Struggling and Start Living, Russ Harris and Steven Hayes

Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment,
Martin Seligman

Tribal Leadership, Dave Logan

Peak: How Great Companies get their Mojo from Maslow, Chip Conley

Positive Leadership: Strategies for Extraordinary Performance, Kim Cameron

Creating Your Best Life: The Ultimate Life List Guide, Caroline Miller & Dr. Michael Frisch

Flow: The Psychology of Optimal Experience, Mihaly Csikszentmihalyi

The Progress Principle, Teresa Amabile & Steven Kramer

EMERGING THINKING ON HOW LEADERSHIP IS CHANGING

Look, Lead, Love, Learn: Four Steps to Better Business, a Better Life - and Conquering Complexity in the Process,
Bill Sheridan

Head, Heart and Guts: How the World's Best Companies Develop Complete Leaders, David L. Dotlich, Peter C. Cairo,
Stephen Rhinesmith

Delivering Happiness: A Path to Profits, Passion, and Purpose, Tony Hsieh

Leadershift: Reinventing Leadership for the Age of Mass Collaboration, Emmanuel Gobillot

Strengths-Based Leadership, Tom Rath & Barry Conchie

Switch: How to Change when Change is Hard, Chip and Dan Heath

The Little Big Things: 163 Ways to Pursue EXCELLENCE, Tom Peters

Drive – The Surprising Truth About What Motivates Us, Dan Pink

Linchpin: Are you Indispensable?, Seth Godin

Crush It! – Why NOW is the Time to Cash in on Your Passion, Gary Vaynerchuk

Enough: True Measures of Money, Business and Life, John Vogel

Start with Why: How Great Leaders Inspire Everyone to Take Action, Simon Sinek

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THE CLASSICS

Managing in Turbulent Times, Peter Drucker

Good to Great, Jim Collins

Built to Last, Jim Collins

Mind Over Matter – Why Intellectual Capital is the Chief Source of Wealth, Ron Baker

COMMUNICATION & PRESENTATION

Made to Stick: Why Some Ideas and Others Die, Chip and Dan Heath

Presentation Zen- Simple Ideas on Presentation Design & Delivery, Garr Reynolds

The Corporate Blogging Book-Absolutely Everything You Need to get It Right, Debbie Weil

slide•ology: The Art and Science of Creating Great Presentations, Nancy Duarte

ADDITIONAL RESOURCES

Delivering Happiness website:

<http://www.deliveringhappinessbook.com>

Follow Zappos CEO, Tony Hsieh on twitter & the book:

<http://twitter.com/zappos> <http://twitter.com/dhbook>

Martin Seligman on the Positive Psychology Discipline:

http://www.ted.com/index.php/talks/martin_seligman_on_the_state_of_psychology.html

Christine Carter's Wisdom 2.0:

<http://www.christinecarter.com/community/blog/2015/03/wisdom-2-0/>

OTHER AUTHORS/THOUGHT LEADERS TO FOLLOW ON TWITTER

<http://www.twitter.com/egobillot> http://www.twitter.com/tom_peters

<http://www.twitter.com/sethgodins> <http://www.twitter.com/heathbrothers>

Interview with Tom Rath about his newest book on Well-being

<http://www.examiner.com/x-14678-Dallas-Business-Commentary-Examiner~y2010m5d4-Tom-Rath-and-Jim-Harter-on-WellBeing?cid=exrss-Dallas-Business-Commentary-Examiner#>